

SATURDAY MARCH 10, 2007

IKEBANA WORKSHOP

Sogetsu ikebana is recognized worldwide as a modern school of Japanese flower arranging. Highly adaptable, it was the style practiced by Chogyam Trungpa Rinpoche to enhance areas of worship and serve as offerings.

The workshop will include all supplies including plant materials. Some items will be available for purchase at the end of the workshop.

About the Teacher: Charles Coghlan is a certified Sogetsu instructor, professional floral artist and member of Shambala Seattle. His work can be found in many local restaurants and businesses.

Date: Saturday, March 10, 2007

Time: 10am-12pm

Cost: \$25 suggested donation.
All proceeds benefit Nalanda West.

Location: Nalanda West, Dining Room

Info: Contact Steve Heck 206.935.8615



Nalanda West

3902 Woodland Park Ave.N.,
Seattle, WA 98103 • www.nalandawest.org

