

# Khandro Rinpoche

## Discovering True Love: The Four Immeasurables

Friday, August 7th, 7 pm  
Sat. August 8th, 9 - 5  
Sun. August 9th, 9 - noon



Discover how to open your heart and mind into  
limitless

love, compassion, joy, and equanimity

In this weekend workshop with renown teacher and  
meditation master Khandro Rinpoche, we will explore  
in-depth our innate capacity for unconditional and  
boundless love and benefit for ourselves and others.

Suggested Donation: \$125 general admission  
\$100 for Nalanda West /Nalandabodhi members

**Limited Seating!**

Please pre-register by emailing: [admin@nalandawest.org](mailto:admin@nalandawest.org)

Her Eminence Mindrolling  
Jetsün Khandro Rinpoche  
was born in 1968 and is the eldest  
daughter of Kyabje Mindrolling  
Trichen Gyurme Künzang Wangyal,  
the 11th Mindrolling throne holder of  
the renowned Mindrolling lineage.  
She has been teaching internationally  
for over seventeen years all across the  
world. Rinpoche has been especially  
teaching extensively in North  
America, Europe and Asia since  
1992.  
As president of Samten Tse Charita-  
ble Projects and Mindrolling Interna-  
tional Rinpoche heads various  
charitable projects and sponsorships  
including sponsorship of the elderly,  
Tibetan Women's Development Proj-  
ects, Tibetan Youth Projects, sponsor-  
ship of students, development of  
medical clinics, the Leprosy Project,  
sponsorship of retreatants as well as  
numerous community development  
projects. Rinpoche directs all charita-  
ble projects under the Vajra Vidyad-  
hara projects, Shri Dharma Sagara  
projects and the Ayuajana projects.  
In 2003, Rinpoche's book entitled  
*This Precious Life: Tibetan Buddhist  
Teachings on the Path to Enlighten-  
ment*.

Jetsün Khandro Rinpoche divides her  
time between teaching and personal  
retreats and studies in India and,  
teaching engagements and growing  
dharma activities in the United States  
and Europe.

*Nalanda West*

Center for American Buddhism  
3902 Woodland Park Ave. N  
Seattle, WA 98103  
[www.nalandawest.org](http://www.nalandawest.org)